

Each Contributes ↔ Each Receives

Extended Family

Can Provide:

- ✓ Rides
- ✓ Respite
- ✓ Companionship



Needs:

- Home Repair
- Heavy Lifting

Can Provide:

- ✓ Rides
- ✓ Errands



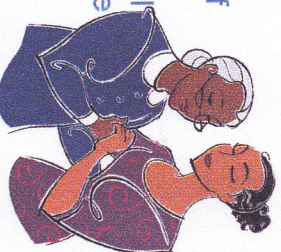
Needs:

- Supervision for latchkey children
- Aging Parents need companionship

Building Community

Can Provide:

- ✓ Remind hospital discharge patient of medication
- ✓ Can help at social events if can secure respite via senior companion

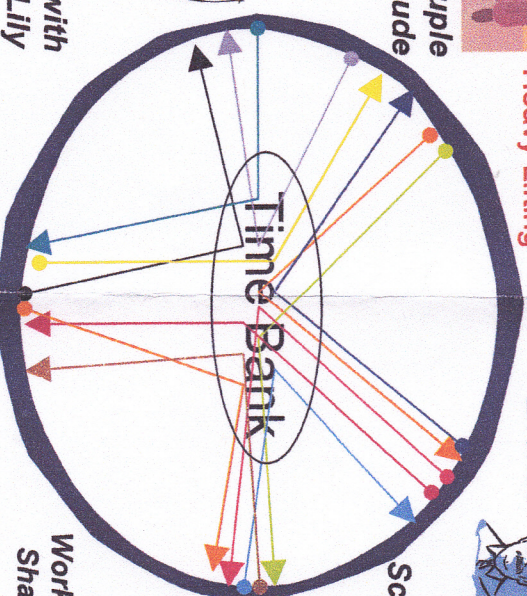


Senior Couple
Mick & Maude

Needs:

- Respite

Caregiver Violet with
her Frail Mother Lily



Taxi, Bus and
School Bus Drivers

Can Provide:

- ✓ Transportation on Weekends & Some Evenings
- ✓ Home Repair Team
- ✓ Heavy Lifting (Weekends)



Working Baby Boomer
Shaun and his aging
father Don

Needs:

- Emergency Rides
- Companionship

Social Justice

Partnerships with Local
Non-Profits

Faith Based Organizations

Can Provide:

- ✓ Respite
- ✓ Rides (once recovered)
- ✓ Willing to learn home repair



Hospital Discharge
patient John

Needs:

- Errands
- Housekeeping
- Shopping
- Cooking for a short time

Civic Engagement