

For more information about our program please ask your hospital representative or call the San Francisco Department of Aging & Adult Services Intake at 415-355-6700.

San Francisco Transitional Care Program

Hospital Partners

California Pacific Medical Center
Campuses: Davies, Pacific, & St. Luke's

Chinese Hospital

St. Francis Memorial Hospital

St. Mary's Medical Center

San Francisco General Hospital

UCSF Medical Center

Community-Based Organization Partners

30th Street Senior Services

Bernal Heights Neighborhood Center

Catholic Charities CYO

Curry Senior Center

Institute on Aging

Kimochi, Inc.

Northern CA Presbyterian Homes & Services

San Francisco Senior Center

Self-Help for the Elderly



A hospital-to-home
transitional care service for
older adults and people
with disabilities

What is the San Francisco Transitional Care Program?

San Francisco Transitional Care Program is a hospital-to-home service that bridges the gap between a hospital discharge and a strong recovery. We provide consultation and services for up to six weeks after you return home to help you stabilize and achieve optimal recovery.



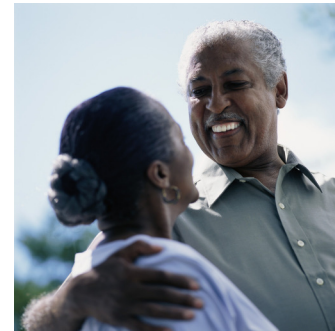
How does the program work?

A Transitional Care Specialist will visit you prior to your return home, then call and visit you after discharge. We want to understand your health goals and help you secure services.



Who is eligible?

- Referrals originate from the hospital for those returning home
- San Francisco residents with stable housing
- Seniors who are 65 and older and adults with disabilities who are 18-64
- Medicare is the primary payor source



How can the San Francisco Transitional Care Program benefit me?

The program focuses on services that affect your ability to return home and avoid unnecessary re-hospitalization. The program can help you:

- Set recovery goals
- Secure and prepare yourself for your return visit to your doctor including questions and concerns you may have
- Recognize your symptoms and have a plan of action if they reoccur
- Understand your health issues and the role of medications
- Develop “My Wellness Plan” - a tool to help organize and record your health information
- Establish services you need with an emphasis on nutrition, transportation, and care at home.