San Francisco Transitional Care Program

Hospital Partners
California Pacific Medical Center
Campuses: Davies, Pacific, & St. Luke’s
Chinese Hospital
St. Francis Memorial Hospital
St. Mary’s Medical Center
San Francisco General Hospital
UCSF Medical Center

Community-Based Organization Partners
30th Street Senior Services
Bernal Heights Neighborhood Center
Catholic Charities CYO
Curry Senior Center
Institute on Aging
Kimochi, Inc.
Northern CA Presbyterian Homes & Services
San Francisco Senior Center
Self-Help for the Elderly

A hospital-to-home transitional care service for older adults and people with disabilities

For more information about our program please ask your hospital representative or call the San Francisco Department of Aging & Adult Services Intake at 415-355-6700.
What is the San Francisco Transitional Care Program?

San Francisco Transitional Care Program is a hospital-to-home service that bridges the gap between a hospital discharge and a strong recovery. We provide consultation and services for up to six weeks after you return home to help you stabilize and achieve optimal recovery.

How does the program work?

A Transitional Care Specialist will visit you prior to your return home, then call and visit you after discharge. We want to understand your health goals and help you secure services.

Who is eligible?

• Referrals originate from the hospital for those returning home
• San Francisco residents with stable housing
• Seniors who are 65 and older and adults with disabilities who are 18-64
• Medicare is the primary payor source

How can the San Francisco Transitional Care Program benefit me?

The program focuses on services that affect your ability to return home and avoid unnecessary re-hospitalization. The program can help you:

• Set recovery goals
• Secure and prepare yourself for your return visit to your doctor including questions and concerns you may have
• Recognize your symptoms and have a plan of action if they reoccur
• Understand your health issues and the role of medications
• Develop “My Wellness Plan” - a tool to help organize and record your health information
• Establish services you need with an emphasis on nutrition, transportation, and care at home.