Aging and Disability Resource Centers of San Francisco

Aging and Disability Resource Center's (ADRCs) offer the general public free information and assistance on issues affecting older people and people with disabilities, regardless of income.

Information and referral services include:

- Housing and Shelter
- Translation
- Benefits
- Transportation
- Food & Nutrition

- In Home Care
- Health & Wellness
- LGBT Programs/Services
- Caregiver Assistance/Support
- Other community resources

For more information, call or visit one of our sites, or contact the **ADRC supervisor at 415-750-8720**.

- Richmond Senior Center, 415.752.6444
- Geen Mun Activity Center, 415.438.9804
- OMI Senior Center, 415.334.5550
- SFSC Aquatic Park Center, Spanish-415.202.2982 | Chinese-415.202.2983
- South Sunset Activity Center, 415.566.2845
- Openhouse Main Office at LGBT Community Center, 415.347.8509
- Toolworks Main Office, 415.733.0990x613
- Bayview Senior Connections, 415.647.5353
- 30th Street Senior Center, 415.550.2221
- Self Help for the Elderly Main Office, 415.677.7585
- Downtown San Francisco Senior Center, Spanish-415.202.2982 | Chinese-415.202.2983
- Western Addition Senior Center, 415.921.7805







Aging and Disability Resource Centers of San Francisco Locations

- Richmond Senior Center, 6221 Geary Boulevard, 3rd Floor, San Francisco, 94121
- Geen Mun Activity Center, 777 Stockton Street, San Francisco, 94108
- OMI Senior Center, 65 Beverly Street, San Francisco, 94132
- SFSC Aquatic Park Center, 890 Beach Street, San Francisco, 94109
- South Sunset Activity Center, 2601 40th Avenue, San Francisco, 94116
- Openhouse Main Office at LGBT Community Center, 1800 Market Street, 4th Floor, San Francisco, 94102
- Toolworks Main Office, 25 Kearny Street, Suite 400, San Francisco, 94108
- Bayview Senior Connections, 5600-A 3rd Street, San Francisco, 94124
- 30th Street Senior Center, 225 30th Street, 3rd Floor, San Francisco, 94131
- Self Help for the Elderly Main Office, 601 Jackson Street, Basement, San Francisco, 94133
- Downtown San Francisco Senior Center, 481 O'Farrell Street, San Francisco, 94102
- Western Addition Senior Center, 1390 1/2 Turk Street, San Francisco, 94115

