Aging and Disability Resource Centers of San Francisco

Aging and Disability Resource Center’s (ADRCs) offer the general public free information and assistance on issues affecting older people and people with disabilities, regardless of income.

Information and referral services include:

- Housing and Shelter
- Translation
- Benefits
- Transportation
- Food & Nutrition
- In Home Care
- Health & Wellness
- LGBT Programs/Services
- Caregiver Assistance/Support
- Other community resources

For more information, call or visit one of our sites, or contact the ADRC supervisor at 415-750-8720.

- Richmond Senior Center, 415.752.6444
- Geen Mun Activity Center, 415.438.9804
- OMI Senior Center, 415.334.5550
- South Sunset Activity Center, 415.566.2845
- Openhouse - Main Office at LGBT Community Center, 415.347.8509
- Toolworks - Main Office, 415.733.0990x613
- Bayview Senior Connections, 415.647.5353
- 30th Street Senior Center, 415.550.2221
- Self Help for the Elderly - Main Office, 415.677.7585
- Western Addition Senior Center, 415.921.7805
Richmond Senior Center, 6221 Geary Boulevard, 3rd Floor, San Francisco, 94121
Geen Mun Activity Center, 777 Stockton Street, San Francisco, 94108
OMI Senior Center, 65 Beverly Street, San Francisco, 94132
SFSC Aquatic Park Center, 890 Beach Street, San Francisco, 94109
South Sunset Activity Center, 2601 40th Avenue, San Francisco, 94116
Openhouse - Main Office at LGBT Community Center, 1800 Market Street, 4th Floor, San Francisco, 94102
Toolworks - Main Office, 25 Kearny Street, Suite 400, San Francisco, 94108
Bayview Senior Connections, 5600-A 3rd Street, San Francisco, 94124
30th Street Senior Center, 225 30th Street, 3rd Floor, San Francisco, 94131
Self Help for the Elderly - Main Office, 601 Jackson Street, Basement, San Francisco, 94133
Downtown San Francisco Senior Center, 481 O'Farrell Street, San Francisco, 94102
Western Addition Senior Center, 1390 1/2 Turk Street, San Francisco, 94115