



中文視頻課程

廣東話電腦課

星期一

早上 9:30 – 11:30 李老師
下午 1:00 – 3:00 劉老師

星期二

早上 10:00 – 12:00 劉老師
下午 1:00 – 3:00 李老師

星期三

下午 1:00 – 3:00 任老師
下午 3:00 – 5:00 任老師

星期四

早上 10:00 – 12:00 劉老師
下午 1:00 – 3:00 李老師

星期五

早上 10:00 – 12:00 任老師
下午 1:00 – 2:30 劉老師

星期六

下午 1:00 – 3:00 劉老師

國語電腦課

星期三

早上 10:00 – 12:00 劉老師

氣功 廣東話和國語翻譯

星期一

下午 4:00 – 5:00 魏老師

星期五

下午 2:30–3:30 魏老師

報名參加

你可以通過Zoom視頻會議或電話參加課程。如果你想了解更多，請跟劉老師聯繫。

wanda@sfcommunityliving.org 或 (415) 371- 8119

或到 sfcommunityliving.org/events/chinese 網站瀏覽。

有問題？

如果你需要個人幫助，請打電話給劉老師安排課外輔導。電話號碼：(415) 371- 8119



As part of the San Francisco Department of Disability and Aging Services' SF Connected Program, Community Tech Network, Self-Help for the Elderly and Conard House also have computer training and specialty classes. For more information on free classes, call (415) 355-3555, visit the SF Connected map, or see the SF Connected class schedule.





Virtual Classes in Chinese

Cantonese Computer Classes

Monday

9:30 - 11:30 am with Donna
1:00 - 3:00 pm with Wanda

Tuesday

10:00 - 12:00 pm with Wanda
1:00 - 3:00 pm in with Donna

Mandarin Computer Class

Wednesday

10:00 - 12:00 pm with Wanda

Cantonese and Mandarin

QiGong Classes

Monday

4:00 - 5:00 pm with David

Friday

2:30-3:30 pm with David

Wednesday

1:00 - 3:00 pm with Fiona
3:00 - 5:00 pm with Fiona

Thursday

10:00 - 12:00 pm with Wanda
1:00 - 3:00 pm with Donna

Friday

10:00 - 12:00 pm with Fiona
1:00 - 2:30 pm with Wanda

Saturday

1:00 - 3:00 pm with Wanda

Register and Join

Join us virtually through Zoom or call in with your phone.

For more information, please contact Wanda at
wanda@sfcommunityliving.org or 415-371-8119.

Or visit sfcommunityliving.org/events/chinese

Questions?

If you would like one-on-one help, please call Wanda at
(415) 371- 8119 to schedule a tutoring session.



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